



Personal Development
Power of Vision

Human Psychology
Love & Relationship

Economics
Economic Resilience

Society
New Year & Us

Top Trends

Book Review
The Legacy of Job's Wife

Literary Bytes
My Princess

Flavor Special
Khus Khus Parathe
Paneer Tikka

Art Work
Acrylic on Canvas

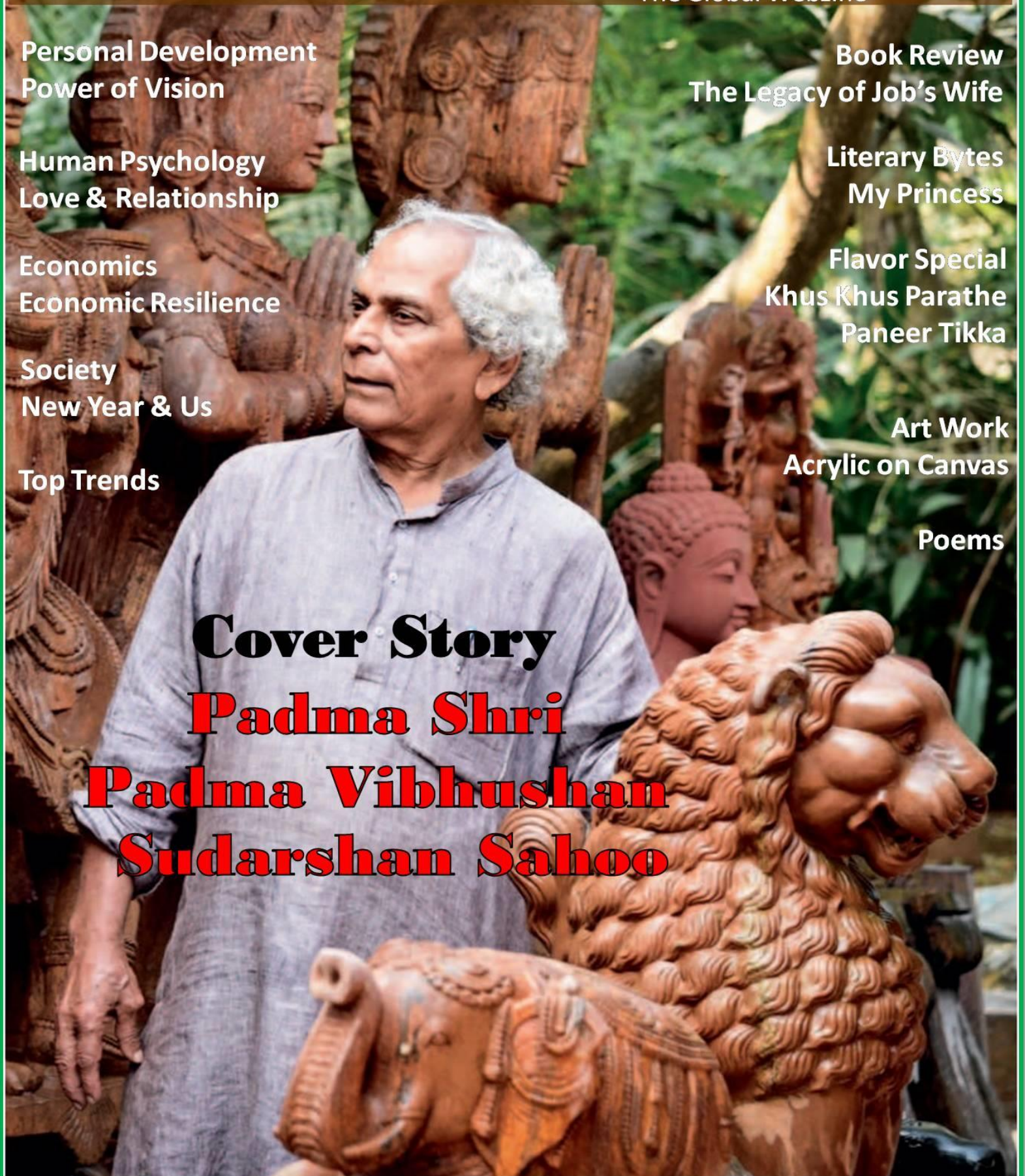
Poems

Cover Story

Padma Shri

Padma Vibhushan

Sudarshan Sahoo





presented to

Shashwat Johri
CEO
SquarePetals

In Recognition of Outstanding Professional Achievement &
Contribution in Nation Building

Harish Chandra
Executive Director

S. Ravi Shankar
Secretary



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INTERNATIONAL BOOK OF RECORDS



LONGEST ONLINE BEAUTY PAGEANT

Mrs. Gujarat T20

12 NOVEMBER 2019 - 10 APRIL 2020



RECORD HOLDER

SHASHWAT JOHRI

WHAT

LONGEST ONLINE BEAUTY PAGEANT

WHERE

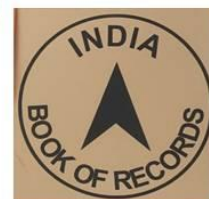
VADODRA (GUJARAT) INDIA

WHEN

10/04/2020

APPRECIATION – SHASHWAT JOHRI

December 19, 2020 :: Appreciation



Shashwat Johri (born on August 12, 2000) of Vadodara, Gujarat, is appreciated for organising the Mrs. Gujarat contest online. He was the Director of operations for the online event conducted by EsquireVJ, a multifaceted global business company. A total of 29 women contestants from the state of Gujarat had registered, participated and completed the contest rounds including video introduction, interviews and talent showcase. The contest began on November 14, 2019, and the top five winners were declared online on April 10, 2020, as confirmed on November 10, 2020.

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Astt. Professor
Dept. of Psychology,
M.S.University of Baroda



Shashwat Johri

CEO SquarePetals Global Media,
Young Achiever 2020 Awardee,
Best Debut Indian Author 2019-20,
India Book of Records &
World Record Holder



Sansriti Johri

Author, Editor, Entrepreneur &
Officer with CBIC, India



Viren Johri

Concept &
Production Chief
COO - EsquireVJ

Reach us @

www.esquirevj.com

www.squarepetals.com

info@esquirevj.world

info@squarepetals.world

esquirevj@gmail.com

(M)+91 7778896891 / 137



2021

FEBRUARY

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+91 7778896891 / 7778896137
www.esquirevj.com
info@esquirevj.world



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Article Writers:

Michael Ediale
Arvind Kumar Sharma
Dr. B. S. Parimal
Kavita Gupta
Swaha Haldhar
Moin Khan Pathan
Falguni Thakkar
Aditi Kaushik
Adyasha Nandini
Akshay Kumar Singh
Harshita Varma
Annapurna Verma
Riya Kale
Sunehri Johri

Art:

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FROM THE DESK OF Editor-in-Chief

Earth blings, it's spring

Hello Dear Readers,

February is a season of blooming love and there is genialness all around, igniting emotions and a strange sort of joyous feel within! And as the snow melts, the Pandemic misery is shrinking gradually, tons of thanks to our scientists and researchers for the vaccines. I feel it's that perfect time to be swinging in the garden and reading SquarePetals Global Webzine. So here it is, the February 2021 edition with your own favorite topics!!

Please send us your valuable feedback and suggestions.

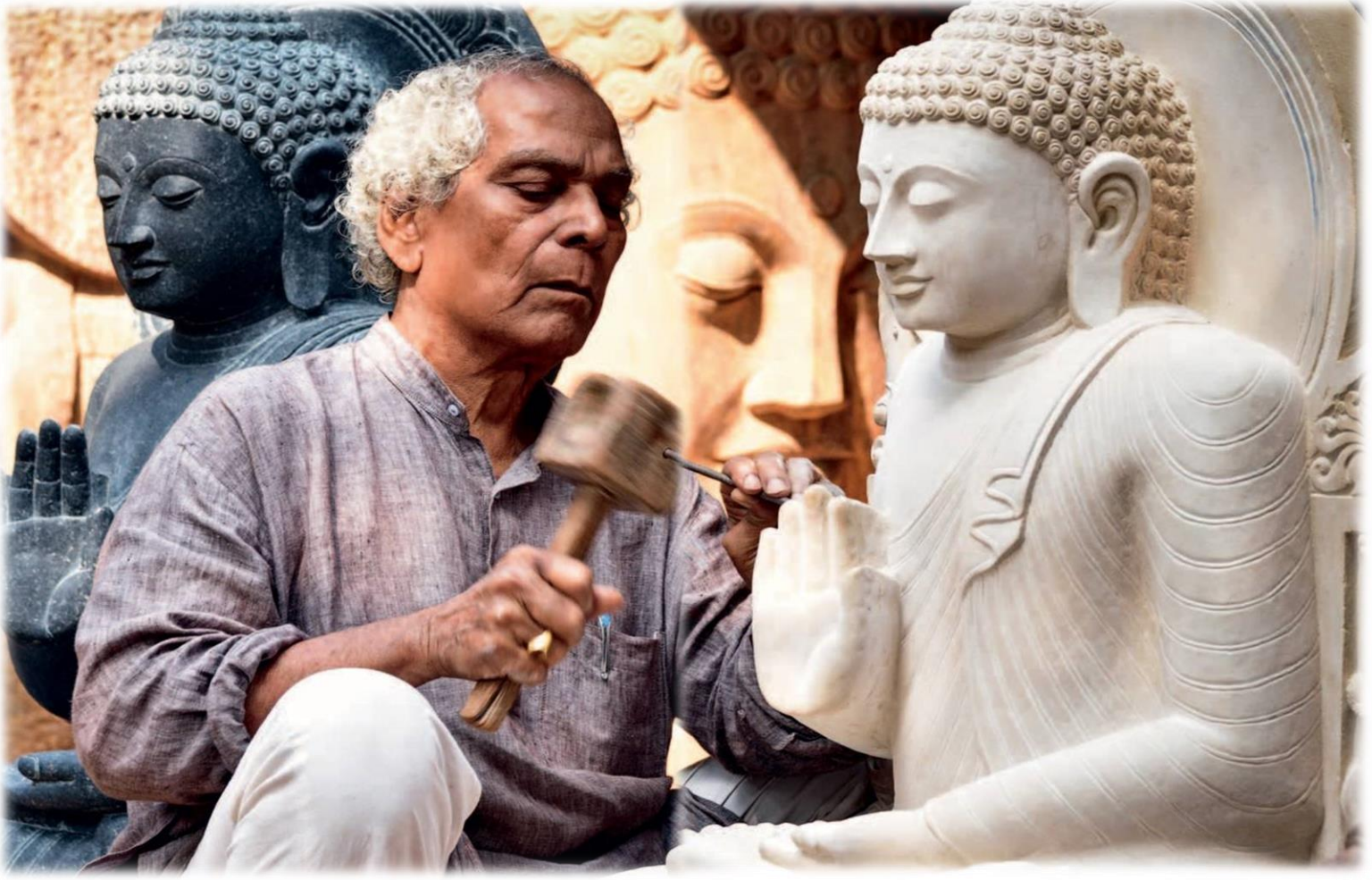
So, keep smiling & keep shining on.

Love & regards.

Sansriti Johri

Dr. Sansriti Johri
Editor-in-Chief





Sudarshan Sahoo
a legacy
set in stone

PADMA SHRI & PADMA VIBHUSHAN

Sudarshan Sahoo

An artist born out of impossible hardships, Sudarshan Sahoo's childhood and adolescence was shaped by unpredictable conflicts and difficulties.

He may have blazed a fiery path with his striking work today, but he began as a simple boy from a little bylane in Puri called Kumuti Sahi.

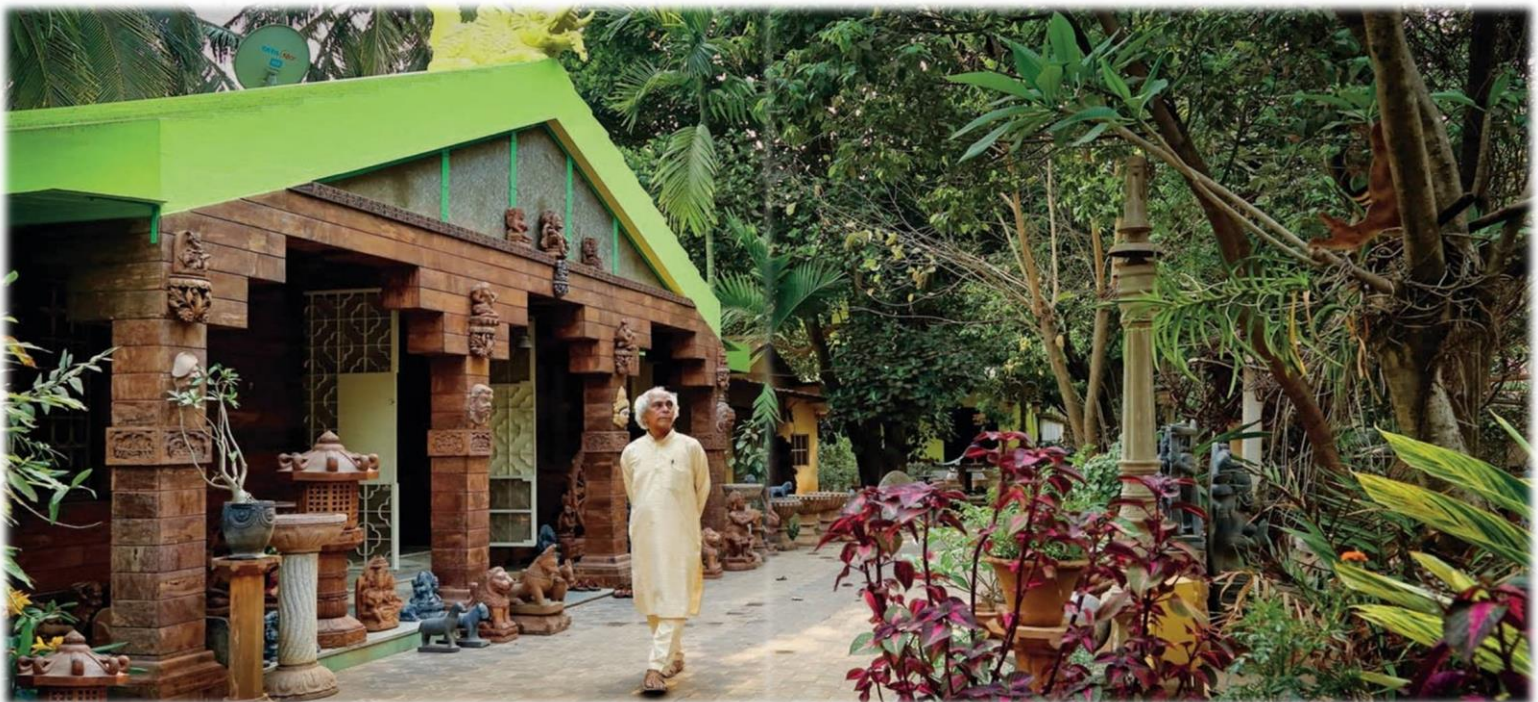
But when he was only 10 years old, his father Dinabandhu passed away. This was an incomprehensible blow to the close-knit Sahoo family and each member was deeply affected, especially Sudarshan Ji.

His mother Srimati Debi she was not a woman easily daunted. She took the pain in her stride and turned herself into an unfaltering pillar of strength for her family. . At the age of 11, Sudarshan Sahoo had to drop out of school and start working in order to support his family. *At the age of 12, Sudarshan Sahoo began learning the art of sculpting from the neighbourhood legend, Kunia Maharana.*

Sudarshan ji's work found buyers quite easily as

the effort he took in ensuring the quality was noticed immediately. In the beginning, he carved small statues of Lord Ganesha, the Jagannath Temple in Puri, the Konark wheel, etc as they were what all the artisans of that time made. But, as he began understanding the buying patterns better, he tweaked his supply to bring in more variety, thus tapping into a wider buyer base. His sense of business foresight was just as sharp and keen as his chisel.

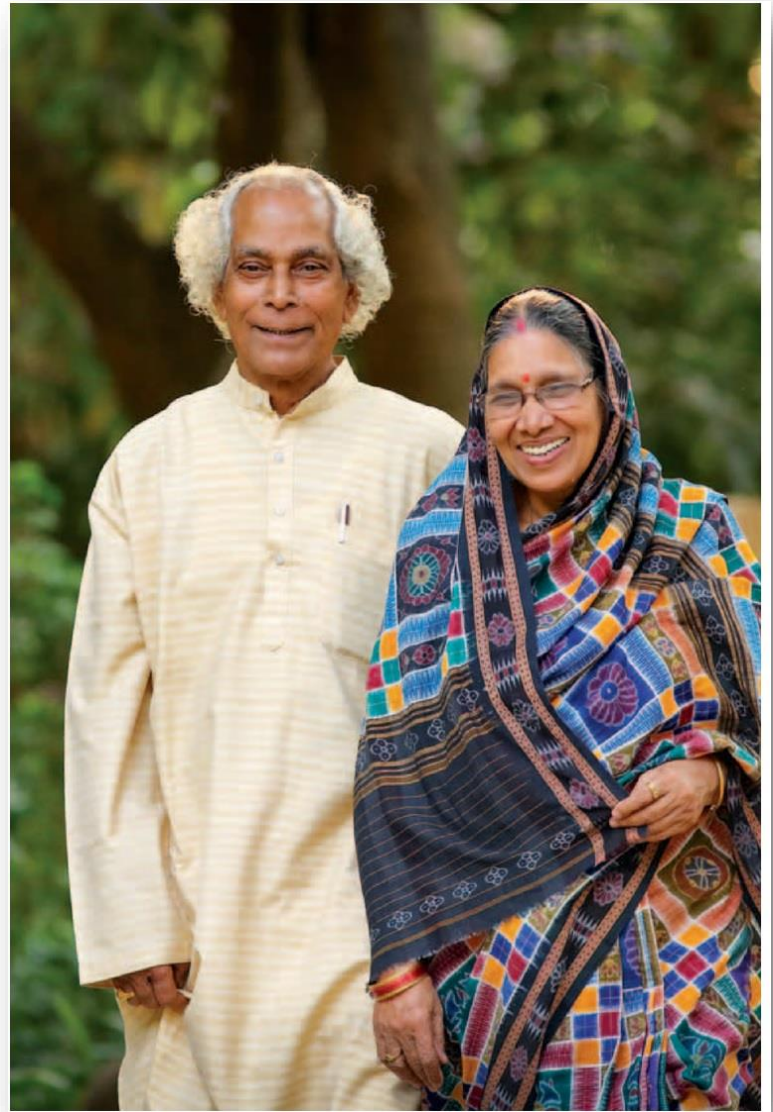
Sudarshan ji's work was a hit with the Corporation as the art lovers who regularly bought from there were a big fan of his intricate style. The Corporation, too, welcomed the diversity in his work. Soon, he began employing and training artists to work under him in order to be able to take up more work. Their operation went from being a hands-on affair to a proper workshop with artists working on various commissions at the same time. His success with the corporations' prompted many buyers to contact him personally and set up a business channel. All in all, the young sculptor was doing well.



But, an increasing number of business orders did not mean that Sudarshan ji had put his learning aside. For a sculptor to truly call himself a master, they must have studied under a guru or continued their taalim for at least 10-11 years.

As he continued working with Kunia Maharana, his original guru, he also began taking lessons with Bhubaneswar Mahapatra. Mahapatra, too, belonged, to one of the traditional sculpting families of Odisha. In 1967, Sudarshan Sahoo was commissioned to create stone panels depicting the Jataka tales for a peace stupa being constructed at the Dhauli hill by the Japanese sect Nipponzan-Myohoji-Daisanga. Also known as the Japan Buddha Sangha, the sect has been the important mission of spreading peace and harmony in the world since it was founded in 1917 by the Most Ven. Nichidatsu Fujii. The Sangha undertakes many activities in order to promote peaceful living, including building peace stupas that encourage Buddha's philosophies. The first Peace Pagodas were built as a symbol of peace in the Japanese cities of Hiroshima and Nagasaki where the atomic bombs took the lives of over 150,000 people, almost all of whom were civilian, at the end of World War II. In India, the first stupa was constructed at Rajgir in 1965.

The Dhauli project was a critical commission that commemorated an important landmark in Buddhist history. The Sangha met with Upendra Maharathi, the cultural connoisseur of India and Nityananda Kanungo, the then Governor of Bihar in order to seek help with the project. The duo, in turn, introduced the Sangha to the eminent Odia journalist Prasanta Patnaik.



The Sangha was particularly looking for artisans who were dependable and could execute truly impeccable work.

Prasanta Patnaik's wife, Chandraprava hailed from Puri and was strongly affiliated with the powerful culture of sculpting present there. They used her connections to the community to look for a sculptor who would fit the bill.

As they searched, one name that stood out amongst most was of Sudarshan Sahoo. Immediately, he was brought on board.

It was decided that the panels on the sides of the stupa would depict the Jataka Tales, the story of Buddha's life carved in stone.

*As they searched,
one name that
stood out
amongst most as
of Sudarshan
Sahoo..*



AWARDS & RECOGNITION

Sudarshan Sahoo has had numerous solo and group exhibitions in major cities of India and abroad. Among them, the 2011 exhibition at the Jehangir Art Gallery, Mumbai was a huge success as it received critical acclaim from art connoisseurs and critics of repute and standing. In the year 2018, his sculpture show at India Gate Lawn on occasion of Odisha Parba was visited by lakhs of visitors from all over India.

STATE

- 1976:** Shreekheta-Shree by people of Puri
- 2011:** Honorary D. Litt from the Utkal University of Culture conferred by Chancellor and Governor of Odisha.
- 2012:** Priya Odia, Most Loved Odia organised by ETv presented by The Chief Minister of Odisha.
- 2012:** Dharmapada Award declared by Odisha Lalit Kala Akademi.
- 2018:** Chairman Odisha Handloom and Handicrafts Development and Promotion Council.

NATIONAL

- 1981:** National Award for Stone Carving by President of India
- 1988:** Padma Shri conferred by the President of India
- 2003:** Kamala Devi Chattopaddhya Award on her centenary
- 2003:** Shilp Guru Award from the Vice President of India.

INTERNATIONAL

- 1978:** Felicitated by Most Ven Nichidatsu Fujii. Spiritual Guru of Nipponzan Myohoji, Japan.
- 1980:** Felicitated by Nipponzan Myohoji, Milton Keynes, UK
- 1986:** Liberty Bell presented by Mayor of Philadelphia, USA on occasion of Festival of India.



Sudarshan

Art & Crafts Village

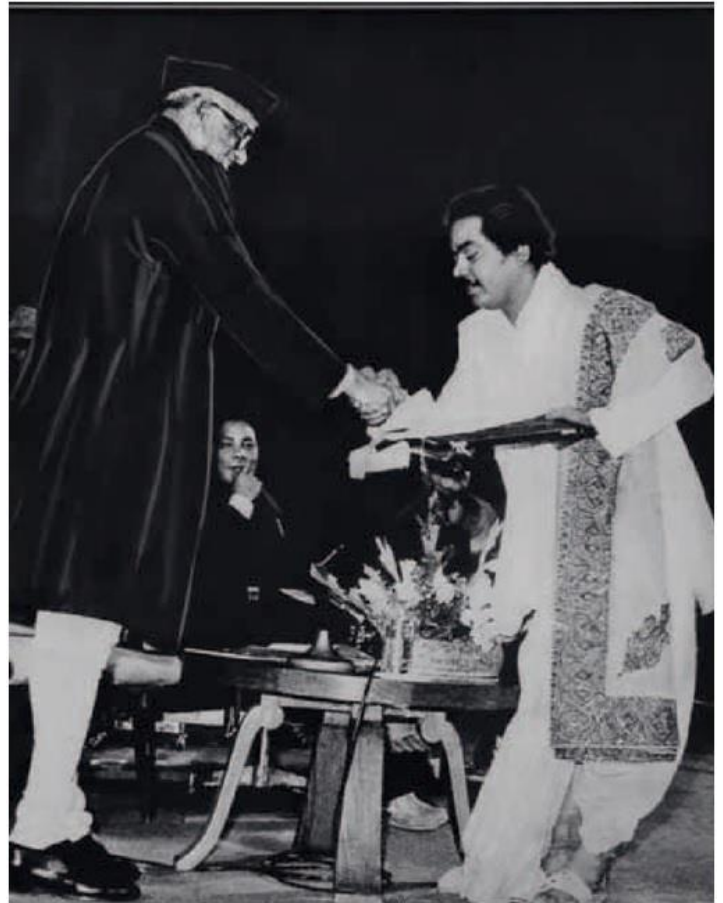
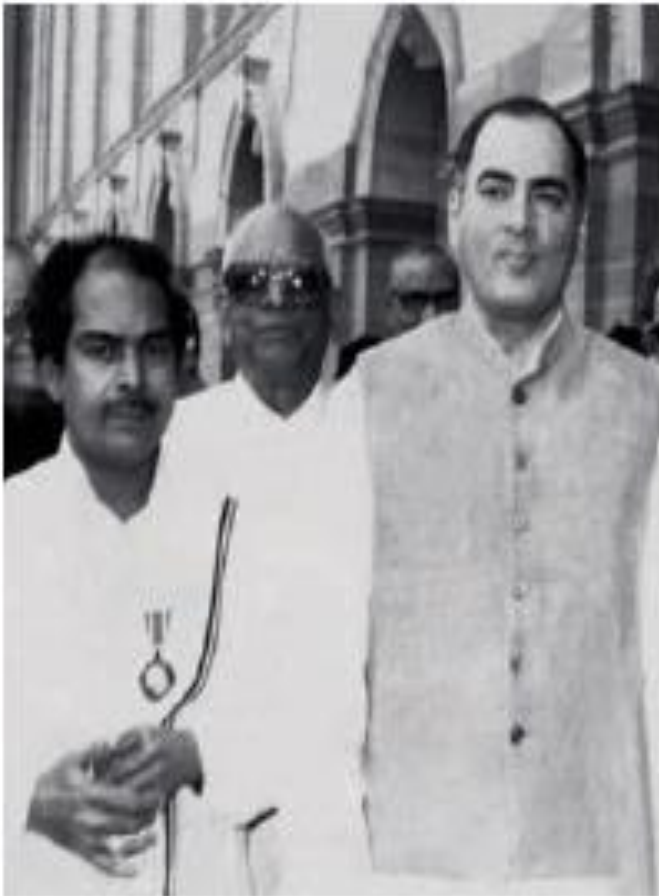
CB - 5, Jaydev Vihar, Bhubaneswar - 751 013.



Sudarshan

Crafts Museum

Station Road, Puri - 752 002, Odisha, India.



POWER OF VISION

"The size of your vision determines the size of your future success."

- Michael Ediale

When Disney World first opened, Mrs. Walt Disney was asked to speak at the Grand opening, since Walt had died. She was introduced by a man who said, "Mrs. Disney, I just wish Walt could have seen this." She stood up and said, "He did" and sat down. Walt Disney knew it. What you see is what you get. Vision is the number one winning weapon of successful achievers.

In running the race of life, one must be a visionary. Great leaders and successful people are visionary. They are driven by their visions. Vision is how far you can see where you are going to be. Without vision the race of life will be futile. You must see where you are running to and see the outcome of the race in your mind.

Unfortunately, some people just start running the race of life without vision. Thus they lack sense of direction. Some on remain in the race and never end the race successfully.

Vision enables you to see far beyond where you are, and your current situation. Vision without action is like a mirage in the desert, all it does is pull us off course and leave us stumbling and gasping for water. Without vision running the race of life will lack purpose. Many people are running aimlessly.

Running the race of life is not for the faint hearted. It takes hard work to pursue your vision to work. It takes mapping out a plan of action, creating a strategic 'to do' list and carefully determined steps. Consistent action makes vision practical and real.

Being visionary moves you closer to your dream. You must see the prize that awaits you after running the race in your mind. It will motivate you to persist through obstacles and challenges that life will throw on your path.

Achieving a vision is like climbing a staircase. There are steps that we must take to reach the reward awaiting us at the top. The vision has different levels that we must climb and conquer. Each step upward is a small piece of vision brought down to the practical. We also call these pieces of our vision as 'goals'.

Imagine that you've never been a runner and one day you decide you'd like to participate in a marathon. You have a vision of crossing the finish line in triumph, proud having accomplished a significant physical feat of endurance. But to attain that vision, you have to take a lot of steps (literally and figuratively) between now and your triumphant finish.

An athlete doesn't run for nothing. An athlete runs with a vision of the medal he has projected in his mind. To achieve this vision, the athlete has to set a winning goal to get the gold medal.

You need to set a series of interim goals so you'll be ready to run more than 26 miles when the time comes. Your first goal might be to jog half a mile. Once you've done that for a week, you'll set a goal of a mile, then 2, then 3. Eventually it will be 15 then 20, and finally 26.2 miles. Your goals will continue to grow and expand to fit your vision of running your first marathon successfully.

Goals make our visions attainable. They help even make the biggest visions practical. Keeping your goal and vision in mind will make your life's race a great one.

With vision you are running with a mission. Every great visionary is missionary. Vision fuels the energy behind every effort and the

force that pushes through all obstacles and challenges. Helen Keller was asked, "What would be worse than being born blind?" She replied, "To have sight without vision." Sadly most people are running the race of their lives blindly. All great successful leaders know where they are going, and are able to persuade others to follow.

What you see, is what you can be. Where you can see, is where you can be. If you can't see it, you can't get it.

There are three kinds of people running the race of life:

1. The Wanderers, these people never see where they are going. They have no sense of direction. They waste all their lives roaming aimlessly.
2. The followers, these people can see it but they never pursue it on their own. They lack the motivation to take action on their vision.
3. Achievers, these people see it and pursue it relentlessly.

So which are you?

The following illustration originated in Luis Palau's book *Dream Great Dreams* (1984, Multnomah Press). Think about how nice and refreshing it is to taste a cold coke. Hundreds of millions of people around the world have enjoyed this experience, thanks to the vision of Robert Woodruff. During his tenure as president of Coca-Cola (1923-1955), Woodruff boldly declared, "We will see that every man in uniform gets a bottle of Coca-Cola for five cents wherever he is and whatever the costs." When World War II had ended, Woodruff stated that before he died he wanted every person in the world to have tasted Coca-Cola. Robert Woodruff was a man of vision. With strategic planning and a lot of determination, Woodruff and his team reached their generation around the globe for Coke.

In running the race of life, the vision driving you should be big enough to make a difference in the world. Don't have a local vision, it is limited. You should have a global vision that can take you global.

Many great people began life in the poorest and the most humble of homes, with little education and no advantages. Thomas Edison sold newspapers on trains. Andrew Carnegie started work at \$4 a month, John D. Rockefeller at \$6 a week. The remarkable thing about Abraham Lincoln was not that he was born in a log cabin, but that he got out of the log cabin. Demosthenes, the greatest orator of the ancient world, stuttered! The first time he tried to make a public speech, he was laughed off the rostrum. Julius Ceaser was an epileptic. Beethoven was deaf, as was Thomas Edison. Charles Dickens was lame; so was Handel. Homer was blind; Plato was a hunchback; Sir Walter Scott was paralyzed.

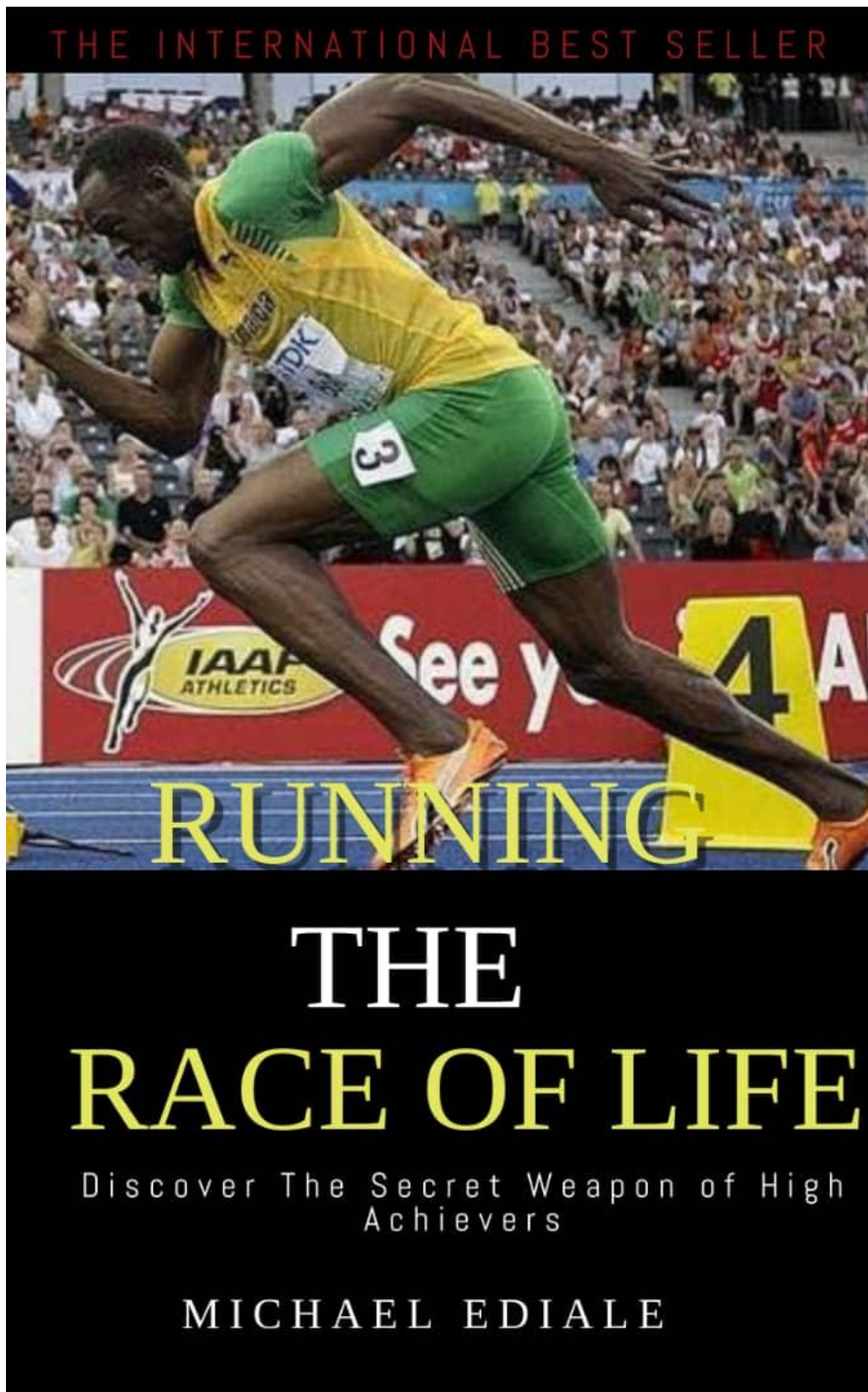
What gave these great individuals the stamina to overcome severe setbacks and become successful? Each person had an inner dream that lit a fire which would not be extinguished. Great visions begin as an "inside Job" Napoleon Hill said, " Cherish your visions and dreams as they are the children of your soul: the blue prints of your ultimate achievement.

Vision is how far you can see the size of your dream. Your vision gives you the motivation to run after your dream with determination to succeed. Your vision should be greater than you, to become great.



Michael Ediale

Life Coach, Motivator
& Best Seller Author



Great minds think of success as a product of cause and effect and mediocre minds think of success base on luck and chance. The difference between a successful person and an unsuccessful person is in way of thinking and exposure to information.

In this book you will discover the weapons used by high archivers to unlock success and triumph in running the race of life. You will get to understand the prize required for attaining greatness and simple strategies to overturn obstacles to stepping stones. The motivational quotes, stories and messages in this book can change your life dramatically and push you off limits.

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THE AROMA



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LOVE AND RELATIONSHIP

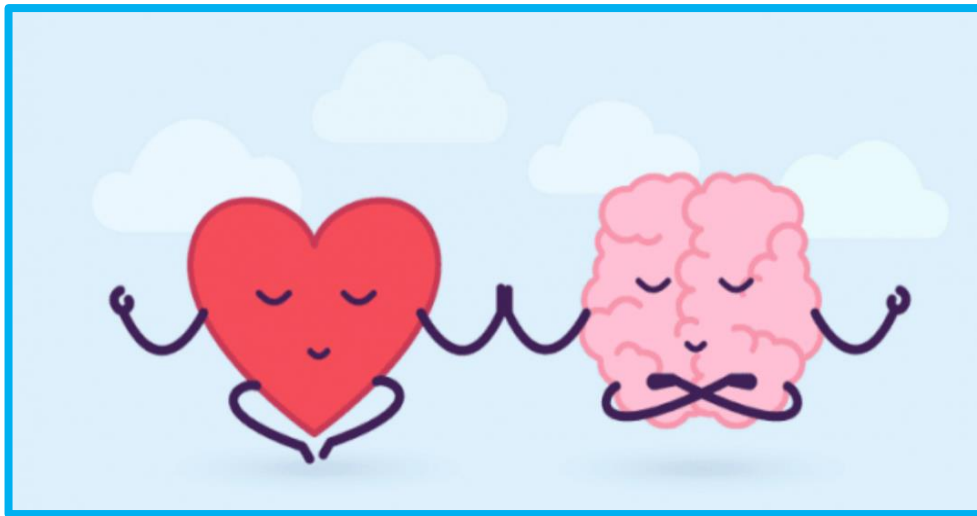
Valentine's Day is approaching. It is believed to be a time to celebrate **LOVE** and **FRIENDSHIP** and the joy of having other people in your life. It's a day of **Flowers**, **Candy** and **Cards** decorated with hearts. However, it is important to understand the meaning and essence of **'RELATIONSHIP'**.

"The relationship is a living, breathing thing. Much like the body and muscles, it cannot get stronger without stress and challenge. You have to fight. You have to hash things out"Ryan

Relationship is a Bond between the people who may not be equal in Qualification, Age, Experience, Intelligence, Financial status, etc., but equal in their Commitment, to understand each other without being judgmental and accept each other, and keep flowing indefinite Unconditional Love. Children should be taught from the very early childhood about Caring, Understanding, Trusting, Positive Attitude, Tolerance Ability, Resilience Power, Sense of Gratitude, Wisdom, and Forgiveness.

Every Successful Relationship is Successful for the Same Exact Reasons:

1. Be together for the right reasons: Mutual Admiration.
2. Have realistic expectations about relationships and romance: Because a love that's alive is also constantly evolving. It expands and contracts and mellows and deepens.



3. Communication with Respect is essential.
4. Talk openly about everything, especially the stuff that hurts.
5. A healthy and happy relationship requires two healthy and happy individuals.
6. Give each other space.
7. You and your partner will grow and change in unexpected ways; embrace it.
8. Get good at fighting.
9. Get good at forgiving.
10. The little things add up to big things: Staying connected through life's ups and downs is critical.
11. Be practical, and create relationship rules: Be Pragmatic.

The ultimate key to a Successful Relationship is **LOVE DEEPER, FIGHT OFTEN, AND FORGIVE EASILY.**

We Do NOT Fall in LOVE but, GROW in LOVE.



Ms. Kavita Gupta
Assistant Professor
Department of Psychology
Faculty of Education and Psychology
The Maharaja Sayajirao University of Baroda
Vadodara, Gujarat (INDIA).

IMMORTAL LOVE

Life is a Mystery
Death is Define

No success for anyone
To define this cycle
In the Mankind History!

Only love emotion
Keeps us in motion
Gives meaning
To all this confusions!

It seems to me a satire
To see love in deal attire
Real love spins only in reel
Let me try to make it feel!

Love is inexplicable
Caring, Sharing, Understanding
No demand of explanation
Never makes you judgmental

We can be wrong
We can fight
But acceptance of each other
Remains UNCONDITIONAL!

Destruction of human civilization
Is inevitable but,
Truth UNIVERSAL
Is LOVE IMMORTAL !!!



Dr. B. S. Parimal
Assistant Professor
Dept. of Psychology
Faculty of Education
@ Psychology
The Maharaja Sayajirao University of Baroda
Vadodara, Gujarat (INDIA)



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Proposal to improve economic resilience:

Excellency

Hope you find this message in the best of your health and spirit!

The **International Organization for Educational Development** "IOED"

<https://www.ioed.in/> – in Special Consultative Status with the Economic and Social Council (ECOSOC) of the United Nations since 2020 is an International/Intergovernmental fully Accredited Permanent Diplomatic Mission in various countries responsible for dealing with developmental issues, particularly educational development, economic cooperation and security – the main drivers of development to make Skilled, Empowered, Prosperous, Environment-friendly and Crime-free States.

Its work can be summed up in three words: **think, debate, and deliver.**

Our Obstacles and Challenges: It had been always lethal to write and address straightaway in favour or against the institutionalized faith of human being divided by several religious and political structures. Presently at the forefront the global community is baffled by the means to prevent the global warming and to overcome the perils of pandemics as COVID 19. On other hand they are developing lethal weapons for mass destruction that would destroy this planet more than our imagination. Furthermore the clashes between "One World Order" and "New World Order", climate change, radicalization and terrorism are still invincible or mostly ignored by the leadership enthralled in the mazes of their own political

How To Improve Economic Resilience



and professional beneficence. Within these circumstances, how the global community would like to adopt ideology for peace, solidarity and unity straightaway?

Proposal that seek to improve economic resilience:

Context of the problem: Lack of employment opportunities

Description of solution: The *IOED* through its institutes is planning to offer high - quality short term duration Vocational Diploma course in the *Human Empowerment & Entrepreneurship Development* consisting these prominent subjects “Awareness on ICT, Cyber Security, Character Education, Foreign Language, Naturopathy, Personality Development, Self Defence and Skill for the particular trade as per local area requirement and Yogic Science through smart participatory classes”. The objective of this effort is to take the best teaching learning resources to all, including the most disadvantaged for generation of self-employment through proper study and training under guidance of well qualified and well experienced retired / active teachers, trainers, entrepreneurs and consultants. It is to promote corporate centric Skill based employable quality education in the field of Paramedical, Professional and Technical Studies through regular and online short term vocational certificate, diploma and degree courses with the valuable support of government/private Institutions that believe to provide quality education globally. Our team of experts guide the students regarding suitable course for them. Tuition fee is exempted for candidates who belong to the

economically weaker sections of the society on production of valid certificate.

Segment of the population it will serve: 12th school dropouts, graduates and unskilled labourers, etc.

Potential impact in 1 year: the candidate will be given one year training in his respective field of interest. After this strict employable educational training, we will have more entrepreneurs among us and they will become our hands in creating further jobs.

Evidence of initial traction: The *MSME-Technology Centre (Indo German Tool Room)*, Unit of the Ministry of Micro, Small and Medium Enterprise, Government of India and the IOED are cooperating in the field of Development to organize long term/short term skill development programs in various fields like Tool & die making, Robotics, Mechatronics, Solar, GST & many other topics.

Request is being made before your good self to kindly extend your best possible support in any form for the successful conduction of this educational program in the universal interest.



Arvind kumar Sharma

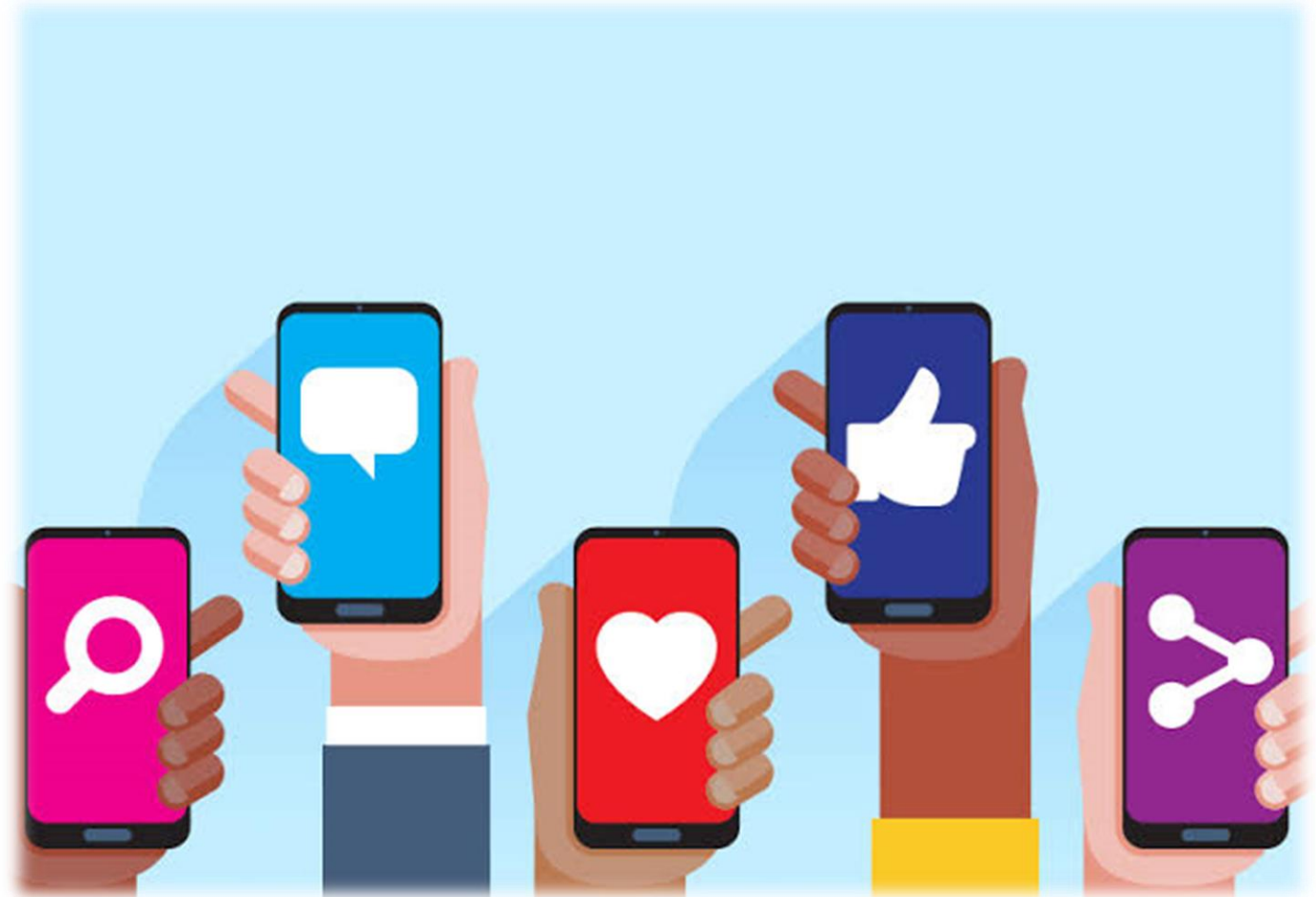
Executive President &
Chairman Of the Board of Governors
International Development in Special
Consultative Status with UN ECOSO

NEW Year's and US

Into the New Year, we arise in a sleepy hangover from the celebrations of last day's eve, and in we go browsing our Instagram in the early (or late) hours of the morning. The feed is bursting with pictures of men and women in their New Year's Eve attire, and we can't help but notice the flawless get-ups, the glowing faces, their altogether catchy poses- all signifying a perfect New Year's evening. You can't help but feel a tinge of jealousy. At that beautiful red blouse your 'frienemy' is wearing and flaunting with her boyfriend. At the amazingly tailored indigo tux suit your classmate is wearing while on holiday in Maldives with his friends. Therefore, the obvious question pops up in your head- Why couldn't that be me?

Social media is supposed to connect us. What it usually does is stimulate creation of insecurities in perfectly stable individuals. What it unknowingly does is give rise to the toxic trend of faux perfectionism. It tells us indirectly that what we are is not enough. That we need to be more, to be admired in today's virtual society.

With 2020 forcing all of us to stay at home and re-evaluate our priorities, an important lesson we all learnt was the value of empathy. We realized the importance of self-love and that others deserve the same appreciation, love and consideration that we do. It became normal to flaunt pyjamas as the new normal office and college-wear and the basic but rigorous household chores barged into the forefront with newfound importance; what



with celebrities making these trends even

more famous. Amidst all this, one supposes that we might have learnt the art of celebrating who we are as a person, with all our imperfections- our pimples, dark circles, messy hairs, and that cute tummy that we've been trying to flatten since that odd day we 'mistakenly' ate that extra pizza slice. But no, the Kardashian sisters are still popular; bathing around in the riches our parents cultivated and posting the same is considered 'cool'; the need to show our friends how good a time we're having and garner likes eclipses our need to have a good time without showing off. Is social media to blame for all this? Well, to an extent, yes. So are we the culprits then? Yes. The how and why answers can be found within ourselves. Like how it is a conscious choice on our part whether or not to normalize perfection. How we can decide if we want to be affected by what our friends post or simply choose to view their posts with stark indifference. Just like that. All we do is 'like' their posts, be glad for them, wish them all the best for their future endeavors and move on to the next post. See how easy the maneuver was? In this way, we don't allow the seed of doubt or inferiority germinate in our minds in the first place.

As we usher in the new-year with a mind full of hopes and positive thoughts, can we learn to normalize our flaws? Can we learn how to love our imperfections (that little tummy included)? Can we learn how to improve ourselves without giving care to what others have to comment about us? Can we be happy that we survived the harsh thorns that 2020 had adorned for us and let go of the fact that we couldn't make it to Maldives or Goa for New Year's? Sure we can, we are strong enough.

It's okay to gobble up that extra piece of chocolate cake and not beat up yourself over the needless calories. Wear that crop top or t-shirt you've always wanted. Go for a size tag bigger than your usual if necessary. Nobody's going to check your size tag anyway. Your loved ones will love you whether or not you gained twenty pounds.

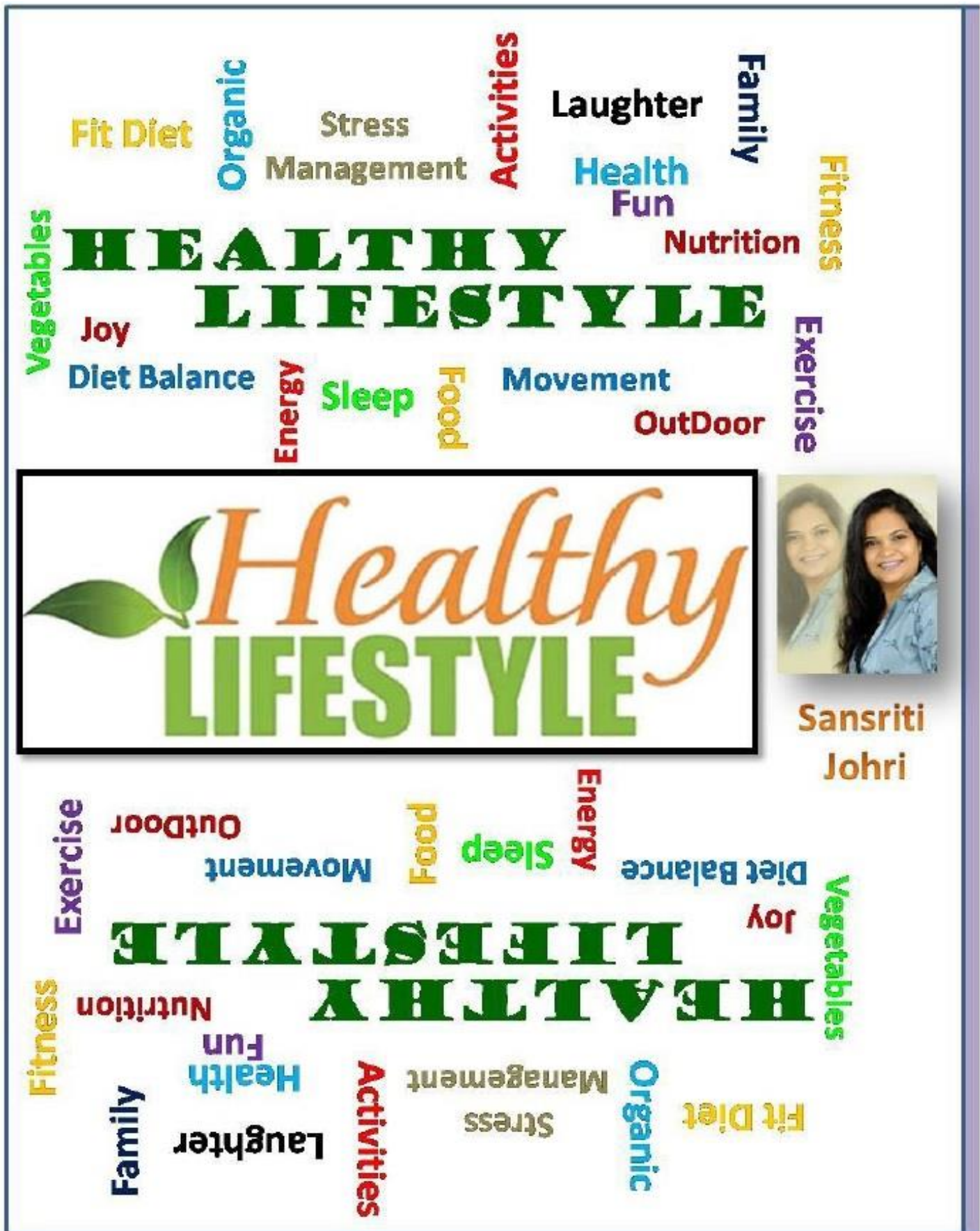
Missed out on your eyebrow-threading routine? Flaunt those bushy eyebrows like a pro. After all we did evolve from hairy apes. That tux is not fitting you properly? Forget it and wear your tacky beachwear to the party instead. And if that bartender looks at you with eyes full of judgment, ask him to make your drink extra dry and hard.

Your friends all busy for a night-out? Instead of drowning in FOMO, go to the terrace or veranda and sip a cup of hot coffee freshly prepared by you; gaze at the horizon and feel the breeze in your hair. Experience the feeling of being *alive*. To be alone doesn't equal loneliness- in fact solitude can be a blessing as well as an awakening experience. The sooner we come to terms with that, and internalize the *art* of letting go off, can we be truly at peace.



SWAHA HALDAR

2nd year student of BA(HONs)
in Archaeology and Ancient History in MSU Baroda.



BOOK REVIEW

Book title: *The Legacy of Job's Wife*

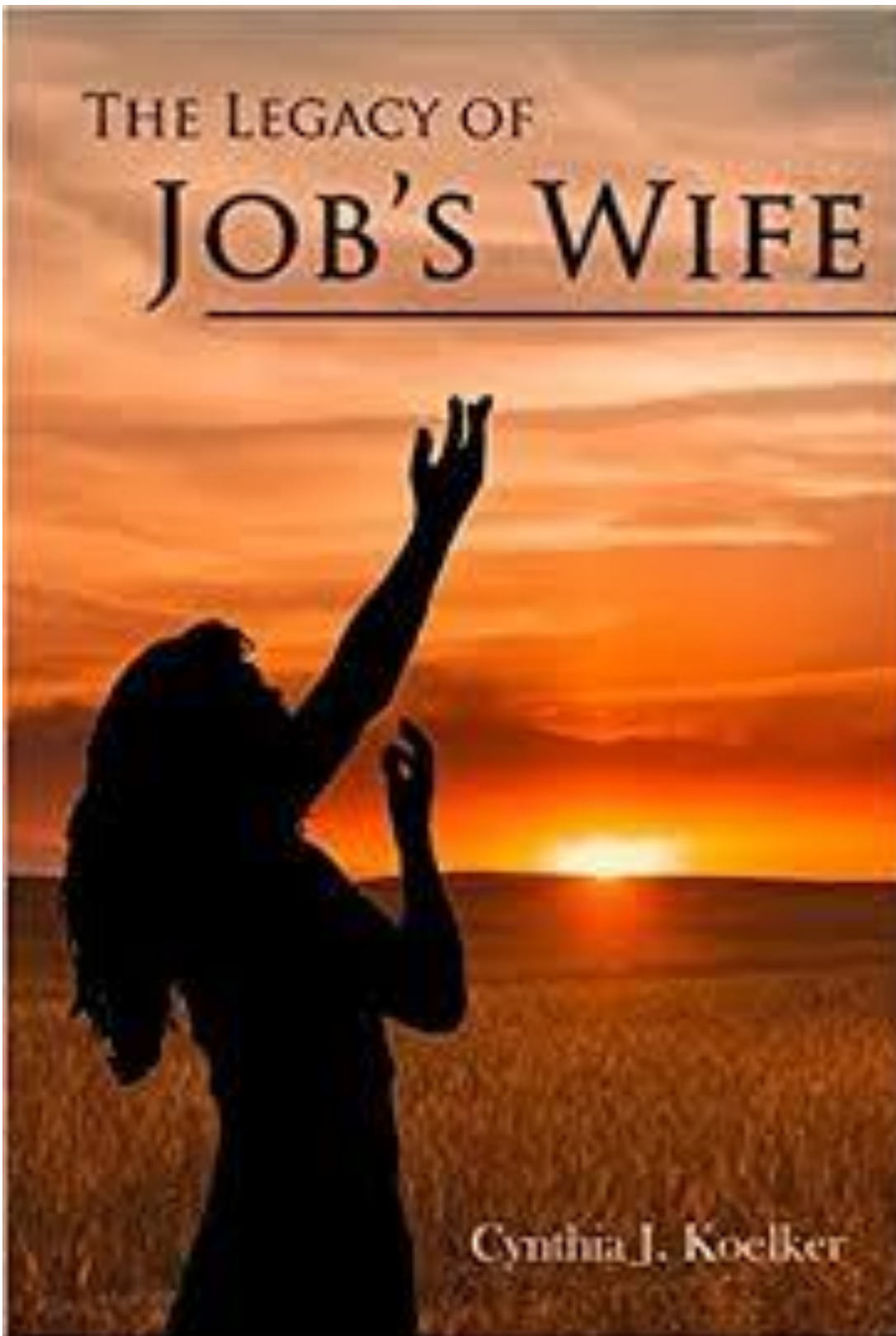
Author: *Cynthia J. Koelker*

The Legacy of Job's Wife is a brilliant and very credible fictional retelling of 'The book of Job' in the Bible. The author, Cynthia J. Koelker, crafts an enriching tale of love and reliance on

God even throughout the periods of vulnerability.

The character development is extraordinary which keeps every reader engaged till the last page. The story makes an effort to communicate the magnitude of devotion, determination and love.

In this 310 pages long book, the author has done a great work by portraying the sentiments of biblical characters, Job and his wife. This book represents the life of Job's wife Ix'ises and all the incidents through his wife's point of view, which formulates a sense of distinctiveness. We get to know a lot of stuff about his wife, like how and where she grew up, her profound attachment and love with Job, different phases of her



life being sister, wife, then a mother and her personal experience when they were going through difficult times.

Before being Job's wife, Ix'ises was Job's neighbor and eventually his best friend too. During those years, their bond had become so strong that even after living far away from each other due to Job's work, they did not misplace their hope and ultimately got married. They were blessed with many children and all the happiness that a life could offer. One day, all of a sudden, God took away everything from her with no forewarning or justification. Her daughters and sons were killed, and her husband too appeared to be at an edge of his life. She wretchedly lost the whole lot in a single day. Job accepts his destiny and still keeps his faith on God but Ix'ises gets mad on God and expresses her resentment.

We usually find populace recalling Ix'ises merely for the instance of time when she asked over Job to 'Curse God and Die', however in this book the author endeavors to investigate what she might have experienced and reasons behind her such infuriated behavior.

The first person narrative from Ix'ises point of view gives the reader an opportunity to undergo the exact sentiments and understand her impulse. Every person has suffered some tragic losses which seemed frustrating and gave an expression of hopelessness, so one

could easily relate their life situation with the story. This book deals with a wide range of notions and emotions like love, life, death, faith, power of God, rebirth, friendship, desperation, absolution, belief and forgiveness.

I enjoyed reading this amazing book. There isn't anything that I not liked about this book. The language is easy to understand; characters are well-written and everything is explained in friendly comprehensible tone. I spotted only few minor errors but that didn't hamper my reading at all. I highly recommend this book for all those people who are looking for some encouragement to keep fighting with the struggle of their life without losing hope and also to those who loves fictional retelling of Bible. I am glad to rate this beautifully written book **4 out of 4 stars** because it kept me engrossed throughout my reading, it's fascinating characters, wide range of heart touching notions and simple language.



AKSHAY KUMAR SINGH
Student of "THE MAHARAJA SAYAJIRAO
UNIVERSITY OF BARODA"



"Dad ?"

"Ready Diksha for your new home?" I told her calmly. "See, you need to go to your new home."

She looked at the orphanage, then to me, "do I really have to live there?"

"Yes," I knelt down, "see, beta, if you be a good girl and eat well every day, I'll bring you lots of gifts!"

She was already crying.

"Dad! Come back! Please!"

She ran to me.

"Please, daddy," she pouted her lips, "don't leave me."

"I'll buy you an ice-cream," I lied, "you go to school, okay? I'll come."

She nodded and smiled. Happily, she hopped towards the orphanage.

When I reached home, I felt guilty. I switched on the TV to distract my mind, but that didn't help. So, I

thought of switching the channel to news. All of a sudden, I saw Diksha on the TV.

"I know Daddy will come soon. He has gone to fetch ice-cream. Good bye, uncle!"

The reporter's eyes welled up, and so did mine.

What have I done!! I thought, but if I go, she'll be expecting me another time. But if I don't go, she'll

get used to my absence eventually. What if she is still expecting me? What if she won't eat until she

saw me? She must get used to my absence. I will forget her too, not to worry.

I switched off the TV and opened my diary.

I read the first page:

"Dear Diary,

I found this little princess near a dustbin. She was rummaging in the dustbin.

"What are you doing there, beta?" I asked her. She ran in the alleyway and hid herself among a stack of newspapers.

"Don't be shy," I comforted her, "come here." But she shouted at me, threw a slipper at me. She was crying.

"Would you like to eat this? Are you hungry?" I offered her a burger.

She snatched it from me and gobbled it in one go. I was shocked. She must have been very hungry.

Her anger calmed down and she smiled at me. "What's your name, beta?" "Diksha," her lips were dry. "Come on, Diksha, let's go home?" "Daddy?" she got up and hugged me. I was completely surprised, but I was glad too. Hand in hand, we walked homewards. When I fed her some rice, curry and chutney, she talked a lot! She said that she missed her mom. "Mom is in heaven, right Dad?" her eyes were rheumy. "Yes," I held her hands, "don't worry, now, Dikshu! Papa is with you!" I am very happy about Diksha. Do

you know what? She learned how to draw a dinosaur. She was having trouble naming her. She looked at me and asked, "Daddy, can I name my dino Dadasaur?" How cute of her! And that day, she drew a giant ice-cream truck and told me to name it. "I think it should be named, um, let me see, Diksha's Ice-cream Land!" "Yay!" she kissed my forehead. "You are the world's best Dad! Love you, Daddy! I'll never leave you

Daddy! " I felt so bad, so sick! I could hardly stop crying. How can I be so cruel! "I am coming, Diksha!" I kicked open the door, "my child!" I could not stay away from her. I got up and drove to the orphanage. "Diksha!" I asked a group of children. "The new girl?" one of them answered. "Over

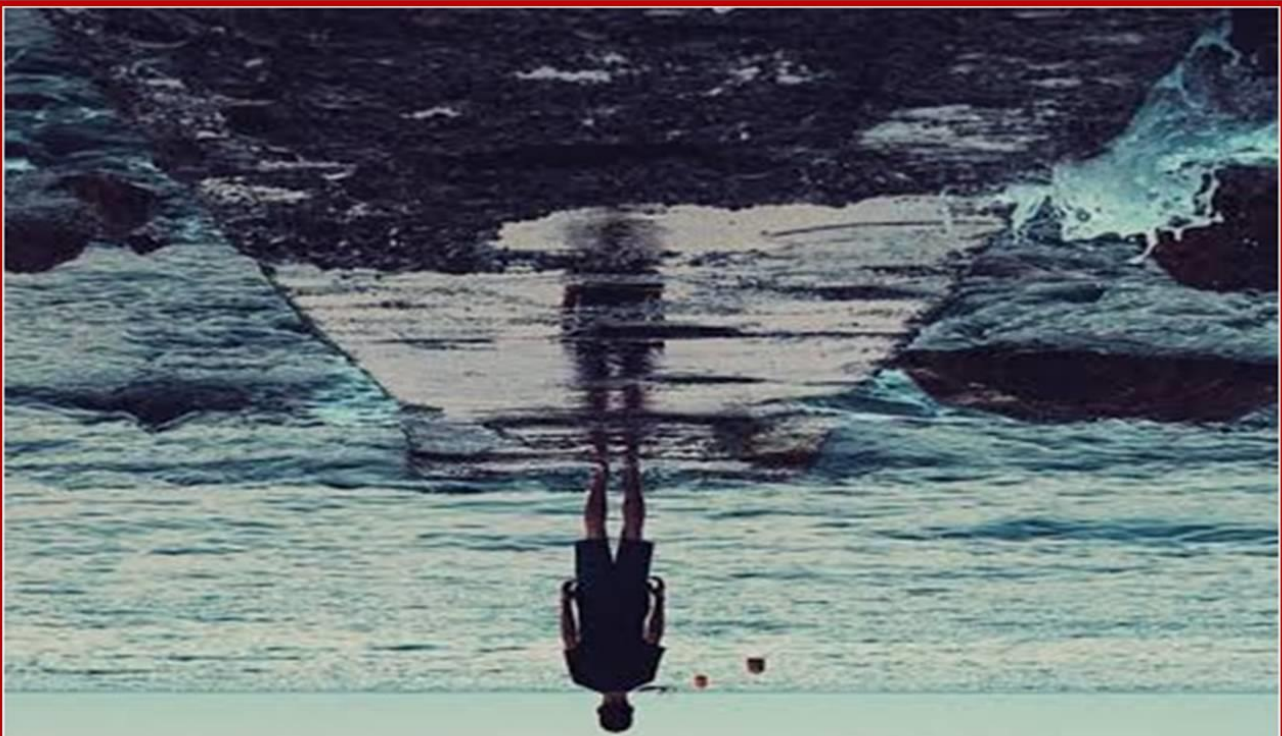
there, by the stairs. She has not eaten her dinner, sir." "Diksha!" I hugged her. "Forgive daddy! He'll never leave you alone!" "It's okay, Daddy!" she smiled.



"Why are you crying, Papa?" "Let's have an ice-cream!" I carried her in my arms. "Don't cry now," Diksha rubbed my cheeks, "Diksha is here!"



Moin Khan Pathan
A young writer at the age when
he is appearing for his
12th Grade in School



ATTITUDE VS REALITY

I wonder today, what would have happened
If I had let some paths in life abandoned
Would I be happy if I didn't make the decisions I made?
Would I have been sad to leave some choices because I was afraid?
Because I couldn't see the future of my ambitions,
I had to believe in advices before embarking on life's missions,
Today I am proud of believing in myself too
Without which, it would have been impossible to come through.
I can't help but think about those endless thoughts,
Where my appreciation for my talents was at loss
It broke me to think so little of my capabilities,
By always over-thinking about my responsibilities
This is something life taught me
My attitude
Could change
The reality.



[NOW READ BACKWARDS]
-ADITI KAUSHIK

Aditi Kaushik – Penvibe International Poetry Contest – 1st Position

"A COLD-BLOODED BRUTE"

**Striding across the road,
Clad in a ravishing red silken suit,
I bumped into a young,
Cold-blooded brute.
With hazel eyes and soft brown hair,
He advanced towards me as iniquity swirled in air.
Smothering me with his masculine hands,
he groped on me,
Lacerating my slender neck
And shaping a grotesque purple bruise,
Made me another victim of sexual abuse!
With tears rolling upon my flushed cheeks
And blood streaming down my thighs,
I anathematized my salwar kameez,
Pondering over the question "Why me??"
With bloodshot eyes,
I shrieked, "Is it really the apparel's size?"**



Adyasha Nandini – Penvibe International Poetry Contest – 2nd Position



Harshita Verma – PenVibe International Poetry Contest – 3rd Position



Before falling in love learn to love yourself
It will bring self confidence in your life
It will bring self respect for your identity
It will bring trust in you, before anyone else.
Before taking decisions learn to love yourself
It will bring self sufficiency in your decisions
It will bring mindfulness in your life
It will bring courage in your heart.
Before pursuing the dreams learn to love yourself;
It will bring hope to reach the goals
It will bring positivity in the path
It will bring encouragement at each step.
Always love yourself before anything else
Because you are the only one who can to help yourself,
before anyone else.



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Art Work

By

Riya Kale



**Bachelor of
Management Studies
Founder of Nakshatr -
The Indian Craft
Studio**



LORD GANESHA is known as the God of wealth, sciences, knowledge, wisdom and prosperity. Nevertheless Lord Ganesha clears the obstacles and paves the way for us to move forward in life. The large elephant head of Lord Ganesha symbolizes understanding, and a discriminating intellect that one must possess to attain perfection in life. This painting is painted with exclusive flying vibrant colors yet soothing to our eyes.

- Abstract Expressionism form of art.
- Acrylics on canvas
- Size 16"*12"
- Colors used: Teal blue, ultramarine blue, black white n gold.



Khas khas Parathey



**ANNAPURNA
VERMA**

**COOKING
EXPERT &
MENTOR**

Ingredients:

Wheat flour: 500 gms

**Khas-khas (poppy
seeds):**

200 gms

Red pepper: 4

Garlic cloves: 4

Salt: as per taste

Oil or ghee

Preparation:

Soak khas- khas in water for 10/15 minutes, then strain it to remove water. Roast this khas-khas with garlic and red pepper in a cooking-pan and add little turmeric and salt, then mix these nicely. Keep this aside and knead the flour to make smooth dough. Make balls from the dough and stuff the khas - khas preparation inside. Gently make paratha over pastry board and then cook with ghee or oil on tawa.

Relish this tasty khas-khas parathey with curd, raita or pickle, best for a Sunday brunch.



Paneer Tikka Restaurant Style..



Prep Time-15 mins

Cook Time-15 mins

Marinating Time-2 hrs

Total Time-2 hrs 30 mins

Mode of cooking: Convection - Grill mode in Microwave oven.

Cuisine: North Indian

Course: Snacks, Starters

Servings: 2-3 persons

**INGREDIENTS TO MAKE THE RECIPE

250 Gms Paneer

1 Onion

1 Tomato

1 Capsicum

1 Tbsp Oil

1.5 Tbsp Gram Flour / Besan

1 Tbsp Kashmiri Red Chilli Powder

1 Tbsp Ginger Garlic Paste

1 Tbsp Kasuri Methi

1 Tbsp Chat Masala

1 Tbsp Dhaniya Powder

1 tsp Garam Masala

1 Tbsp Roasted Cumin Powder

1 tsp Black Pepper Powder

500 Gm Hung Curd

1 Tbsp Salt

1 lemon juice

** Recipe:

Chop the paneer in square shaped cubes.

Dice the onions, tomato and capsicum in 1 or 1.5 inches square.

In a non stick pan take 1 tbsp oil and heat it, add besan and roast till it is golden brown..Switch off the flame and add Kashmiri red chilli powder to it.. Take a big mixing bowl and add besan mix and add the hung curd (greek yogurt) and whisk it lightly till it becomes smooth.

Add ginger-garlic paste, all the spice powders. Mix very well. Check the taste and add more seasonings if required.

Add the veggies and paneer to the marinade. Slowly and gently mix them with the marinade.

Cover the bowl and marinate for at least 1 hour or more in the refrigerator.

After 1 hour thread the paneer and veggies alternately on bamboo skewers as shown in the picture. Soak or rinse the bamboo skewers before threading.

**Grilling Paneer Tikka..

Preheat the oven using Convection mode for 5 to 7 minutes at 200 degree celsius.

Grease the baking tray with oil. Arrange the paneer skewers on the tray. Brush some oil on the veggies and paneer cubes all over.

Bake the paneer tikka first for 10 minutes at 200 degree celsius.

Now for the restaurant style look, use Grill mode to give the grilled effect ..

Use Grill mode for another 5 minutes. and our delicious Paneer Tikka is good to go..

Since temperatures vary from oven to oven do keep a check. You can reduce or increase the time as required.

**Plating.

Remove from the oven and then place the paneer cubes on a serving plate. Sprinkle some chaat masala and lemon juice.

Serve paneer tikka with tomato ketchup or mint chutney and onion rings with lemon wedges..



Falguni Thakkar
Award Winner Chef
& Author of Hand to Heart



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